



Flow Yoga & Reiki

with Caroline

Infuse the power of yoga and Reiki.
Combine balance, strength and healing
in one class.

Thursdays

7.15 - 8.15pm

€12.50 per class

Don't forget:



Your mat



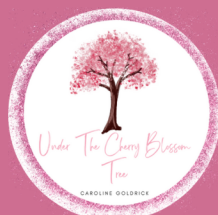
A blanket



Water

DM Caroline to book

0871485888



Malahide Lawn Tennis & Croquet Club
The Square
Malahide

